

2023 CSCAA NATIONAL COLLEGIATE OPEN WATER SWIMMING CHAMPIONSHIP

BISCAYNE BAY Miami, Florida

Sunday, December 17, 2023 Men's Race: 8:00 a.m. Women's Race: 10:00 a.m.

REGISTRATION BEGINS Monday, August 28, 2023

FINAL NAMES and QUALIFYING TIMES REQUIRED by Monday, December 4, 2023

TECHNICAL MEETING Saturday, December 16, 2023 4:30 p.m.

IMPORTANT INFORMATION

- Register for the CSCAA National Collegiate Open Water Swimming Championship online at www.cscaa.org/own
- Open registration for all participants will begin at 9 a.m. ET on August 28, 2023. Participation will be limited to 175 individuals for each race. Maximum team entry is five scoring individuals per race. Exhibition swimmers will be accepted after November 1, 2023, based on space availability.
- Race start times are subject to change due to the number of entries and local conditions.
- All participants in the CSCAA National Collegiate Open Water Swimming Championship must be collegiate student-athletes eligible to compete for their NCAA, NAIA or NJCAA member institutions for the current school year.
- Swimmers' and Coaches' Responsibility It shall be the swimmers' and coaches' responsibility to acquaint themselves with all information contained in this competition information book, as well as information disseminated at the technical meeting.
- The Race Safety Plan, Waiver & Release Form, and other important information will be provided to participants prior to race day.
- Meter conversions are acceptable.
- Qualifying period: Jan 1, 2023-Entry Deadline.

QUALIFYING CRITERIA AND ENTRY PROCESS

	500 SCY	1000 SCY	1650 SCY	5k
Women's QT	5:10.00	10:30.00	18:00.00	1:09.00
Men's QT	4:50.00	10:00.00	17:00.00	1:04.00

ONLINE MEET ENTRY

- Athletes must enter these events through the entry form at www.cscaa.org/own
- Register for the CSCAA Open Water Championships online https://www.cscaa.org/own. Open registration for all participants will begin at 9 a.m. on August • Tape on the timing chip is not permissible.
- · Registration will be limited to 175 individuals for each gender.
- If the limit is met while registering your team, contact Local Meet and Event Director, Randy
- The entry form is not an eligibility report; it is the coaches' responsibility to know the eligibility of each athlete. Once you complete your entry, you will be sent confirmations via email. Please

keep all of these and bring them with you to the meet (just in case).

EVENT ADMINISTRATION

Championship Referee Hector Acevedo Hacevedo1@yahoo.com

Local Meet and Event Director Randy Horner rchorner@fiu.edu (504) 615-7629

Communications Director Achilles Carmenate Acarmena@fiu.edu

CSCAA Executive Director Samantha Barany sbarany@cscaa.org (804) 426-3422

CSCAA Chief Operations Officer/CSCAA Meet and Event Liaison Maureen Palchak mpalchak@cscaa.org (616) 481-9981

OPEN WATER RULES AND EVENT SCHEDULE

Select Open Water Rules

 Current USA Swimming Rules and Regulations will govern this event. Please see Part Seven of the USA Swimming Rules & Regulations for a complete list of Open Water Rules.

Swimwear

- No swimmer shall be allowed to use or wear any device that may be an aid to his/her speed, endurance, or buoyancy.
- A maximum of two (2) caps may be used. Wet suits, flotation aids or any similar items, and anything used to maintain body heat, except a reasonable application of body grease, are not

Team Events

- Team events will be conducted concurrently with individual events, with the results achieved in the individual event used to compute the team scoring.
- Teams will be entered automatically based on team
- Cross country scoring will be used to determine team scores. Top three athletes determine team score. •

Maximum of five athletes per team.

Awards

- Individual champions shall be determined and awarded in women's and men's competitions.
 Awards shall be awarded to all first-through-eighth place finishers in each individual event.
- First place men's and women's teams receive a trophy

Eligibility

- The CSCAA National Collegiate Open Water Swimming Championships are open to current NCAA, NAIA and NJCAA member institutions who meet the specific event qualifying criteria.
- Please confirm eligibility with your respective compliance departments.

Entry Fees

 5K College National Open Water Championship \$100.00 per Individual

Racecourse and Operations

- A map of the course can be found below. ◆ Aside from Safety and Officials' boats, this is a non escorted swim.
 - Biscayne Bay is open to the public and personal watercraft. The course is measured accordingly.
 Toenails and fingernails will be checked before the race. If the nails are too long, they must be cut to a
- This race is a land finish. Official time used is after exiting the water.

Technical Meetings

- All swimmers and coaches should arrive in time for the technical meeting and pre-race briefing. Each participant is responsible for all information distributed at these meetings.
- The technical meeting will take place Saturday, December 16 at 4:30 p.m. at FIU Biscayne Bay Campus Aquatics Center. Participant check-in and numbering will be offered immediately after the technical meeting.
- Meal provided by Greater Miami Convention and reasonable length at the discretion of the Head Referee.

EVENT SAFETY INFORMATION

Safety Authority

- The safety for this event will be coordinated through the North Miami Police and Fire Staff.
 The lifeguards are equipped and capable to respond to any aquatic or medical emergencies on the course and if needed will transfer emergency care to the North Miami Police Department (NMPD) who will provide trauma services at the medical tent on the beach.
- AED's, First Aid kits, and Basic Life Support gear

Visitors Bureau

Pre-Race Briefings

- In addition to each technical meeting, all swimmers must be present for the Pre-Race Briefing at the race start area prior to each race.
- At this meeting, race officials will discuss last-minute information on weather and water conditions, emergency procedures, etc.

Practice Availability

- Race Site, Biscayne Bay. Miami, Florida
 Saturday, December 16, 1 p.m. 4 p.m. with coach escort, kayaks provided.
- No Swimmers will be allowed to enter the water after 4 p.m. ET
- No Pool Availability on Saturday, December 16, 2023
- FIU Pool will be available on Sunday, December 17 until the start of the Women's Race at 10 a.m.

Race Day Schedule - Sunday, December 17,

- **2023** Schedules are subject to change depending on number of entries and local conditions.
- Women's race protocol will not start before posted times, but may be subject to change based on men's race completion.

Men's 5K Race Day

7:15 a.m. - Men's Check-in

7:45 a.m. - Men's Pre-Race Briefing

7:50 a.m. - Inspection and Roll Call

8:00 a.m. - Men's 5K Start

Women's 5K Race Day

9:15 a.m. - Women's Check-in

9:45 a.m. - Women's Pre-Race Briefing

9:50 a.m. - Inspection and Roll Call

10:00 a.m. - Women's 5K Start

Post-Race - Men's and Women's Awards

will be available on the beach at the medical tent. • The Safety Director, Safety Officer, Medical staff and safety patrol boats will communicate via the event radio network and VHF radios. There will be four to six kayaks or rescue boards with Lifeguards located throughout the course.

• There will be two Personal Watercrafts on the course to monitor swimmers' safety.

Communications Plan

 There will be two separate radio networks using two different frequency plans. The radios are not interchangeable.

- Communication across radio networks will be coordinated through Race Operations. Personnel using radios include the Race Director, Race Operations, Race Referees, Safety Director, Feed Station Referee, Administrative Referee, Turn Judges, Medical tent and event announcer.
- The safety patrol boats will utilize their own VHF radios, and will be in contact with Sheriff, Fire/ Rescue, Race Operations, Safety Officer and On Water Lifeguard on PWC.
- Communications between lifeguards in kayaks and all parties will be through whistles and flags. If Lifeguards need assistance from the safety boats, they will blow a series of long whistle blasts and wave orange flags.

Swimmer in Distress

- Lifeguard will activate their water rescue protocols.
- Any swimmer withdrawing from the race must report to the nearest lifeguard or course official to identify and confirm withdrawal. Course official will radio race control with the competitor number and direct the swimmer to return to the start area.
- A Medical tent will be maintained on the beach in the Start/Finish area manned by a Lifeguard and Fire Rescue staff.
- Swimmers needing emergency medical care on the water will be administered by LDCFM staff and then Fire/Rescue staff at the dock.

Missing Swimmer

• All swimmers will be videotaped during the final

- inspection/accounting prior to the start.
- If a swimmer is reported missing and last seen in the water: Lifeguards and Sherriff's Dive Rescue unit will activate their underwater search and recovery protocol.
 Concurrently, meet operations will attempt contact with the coach/handler and swimmer via cell phone. Meet
 Operations will also review the start list, withdrawal list, site race tickets, and view the pre-race videotape to confirm the swimmer started the race.
- All swimmers are reminded before the race start that they must report to the nearest lifeguard or course official if they withdraw from the race. All swimmers who depart from the water will be identified by their race number.

Support Vessels

- The following vessels will be used:
 - Referee Boat 1-2
 - o Paddle Craft 4-6
- All vessel Captains will attend a briefing by the Safety Officer.
- Spare vessels will remain clear of the vessel exclusion zone unless summoned on to the course by race control.
- Once the course has been set, the Course Officer vessel will remain clear of the vessel exclusion zone unless summoned to the course by the Referee or race control.
- All officials' boats will be equipped with VHF radios on the race control network.
- Safety Patrol boats will be on the designated VHF radio channel.

Parameters for Abandoning the Race •

Any one of the following individuals are empowered to independently order the race abandoned due to unsafe course or other conditions.

- Championship Referee
- Safety Officer

- Local Meet and Event Director
- If the race is to be abandoned, Race Control will relay via radio to all vessels to signal abandonment. Simultaneously, the Safety Officer will signal to Lifeguards for race abandonment. The abandonment signals will be:

- From Officials Boats 5 short blasts followed by one long blast.
- From lifeguards 5 short blasts of the whistle followed by one long blast.
- Swimmer actions are to:
 - Discontinue swimming
 - Look for directions from the Officials or water safety personnel
 - Once safe on the beach, proceed to the start/finish area and check-in.

Course Layout/Contingency Plan • Due to venue restrictions, it is unlikely any change to the shape of the course will be possible.

• If the weather conditions require, the directions of swim and the location of the start/finish structure may be changed.

Event Logistics

Parking will be Kovens Convention Center

on FIU Campus. See map below.

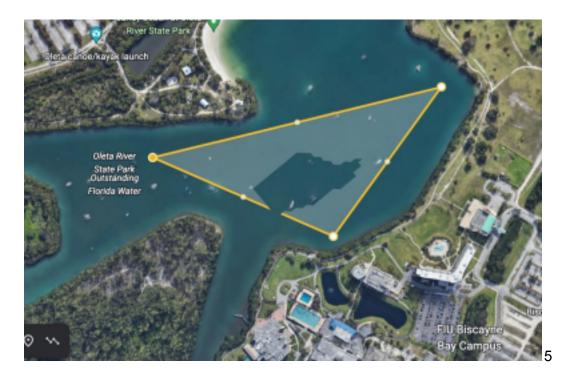
Weather Contingency

In the event of adverse conditions, the race will be rescheduled later during the race day. It will not be rescheduled for a later date.

Hotels

A special Open Water Championships Group Rate has been secured at the <u>Courtyard Marriott Aventura</u> from December 15-18, 2023.

Phone (786) 528-1072 Hotel Contact Nayed Sarcos Room Rate: \$195 + Cutoff Date Nov 24, 2023 Hotel is four miles away from FIU Biscayne Bay Campus



PARKING

Parking will be available at Lot 5 on the map below.

Address: 3000 NE 151st ST 33181

Kovens Conference Center

Miami, Florida 33181

